

# Getting your home ready for *Spring*:

## YOUR ULTIMATE CHECKLIST

Whether you are wanting to make sure your house makes the best impression to prospective buyers, or you are wanting to elevate your space for the change in season, here is my top-to-tail ultimate checklist to spring clean your home.

### DEEP CLEAN YOUR SPACE INSIDE

This means vacuuming, dusting, cleaning the tops of the cabinets... everything you tend to let fall by the wayside. Realistically, how long has it been since your cupboard doors had a wipedown? Actually... don't answer that, we don't want to know. Just get cleaning!

### DON'T FORGET TO CLEAN THE OUTSIDE

When it comes to cleaning, a lot of people tend to focus on the inside of the home, and completely neglect the outside of the home. Well, not you. Because you recognise that curb side appeal is just as important! So wash down the outside walls, mow your lawns and give the hedges a neat trim.

### HIRE AN UPHOLSTERY CLEANER

Why? Because fact time: you could have up to 400g per square metre of dust trapped in your carpet that you don't even know about! Not pretty.

### REEVALUATE THOSE OLD CUSHIONS

On your lounge, your bed, everywhere. You know those cushions with those pastel frills on them that you have had sitting on the couch but it never really looked... right? Your home should feel like a sanctuary. So ensure even the little things like pillows are consistent with the theme of that particular space so that it conveys harmony, not chaos.

### CLEAN OUT THAT AIRCON FILTER

And also the blades of any ceiling fans. Because the accumulated dust from them clog up the clean air coming into your space. Clean air-con filter means cleaner air. And cleaner air means less germs and better breathing for you and those in your family.

### LET IN FRESH AIR

Bring that essence of Spring inside your home by welcoming in as much natural light and fresh clean air as possible. And if you need more research backing this - clean air has also been associated to help with the immune system, digestive system, clearing your lungs, improving blood pressure which can help you also achieve a happier, clearer mind.

### CLEAN YOUR WINDOWS... BOTH INSIDE AND OUT

Windows accumulate a lot of dust and dirt each day. So give them a good wipe down with a Chux and glass cleaner. Not only will it look cleaner, but clean windows will also mean more natural light comes in.

### CLEAN AND TIDY PANTRY

Ahhh the pantry. A high traffic area each day. From cereal boxes, cans of food, to other different foods that you've just decided to place at eye-level because that's what's easy - take this time to triple check those expiry dates, give those shelves a good wipe, and re-organise with the help of containers and labels.

### USE YOUR CLEANING WATER WISELY

As we are currently in the middle of a drought, this is just a gentle nudge to remind you to use your water wisely. A great tip here is to conserve any old laundry water. This water can be reused to wash your windows or your car.

### WASH THOSE CURTAINS AND RUGS

Wait what? They have to be washed? Ab-so-lute-ly! Curtains and rugs are another culprit that just loves collecting and accumulating dust. By investing in a professional cleaner for these elements if possible every year, you'll feel like your living areas are given a fresh minor face-lift.

### DONATE WHAT YOU DON'T USE

You know what they say. Someone's trash can be another's treasure. Whether it be clothing, excess tupperware or even unused makeup. Don't just declutter and move things into storage - to only come back a few years later. If they are items you are unlikely to use, or wear - cull it!

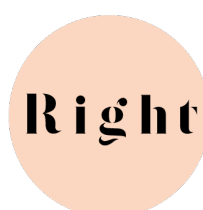
### FLIP THE MATTRESS

We are talking about both rotating it and flipping it over! Not only does this help prolong the life of your mattress, but it ensures the wear and tear on it is even. And of course, what better way to welcome the fresh season than a new doona cover, and some new sheets?

A clear physical space leads to a clear mental mind.

So get started on this Spring to-do list, friends, and let's get your property in tip-top shape for one of our favourite seasons of the year.

Jess.



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